



# TANTIA UNIVERSITY JOURNAL OF HOMOEOPATHY AND MEDICAL SCIENCE

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## ORIGINAL ARTICLE

### EFFICACY OF HOMOEOPATHY MEDICINE IN UPPER RESPIRATORY TRACT INFECTION

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#### Abstract

**Received- 10/10/2023**

**Revised- 25/11/2023**

**Accepted- 30/11/2023**

**Key Word-** 3-D CT, Virtual imaging, Facial symmetry, Maxillofacial Surgery.

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**Background:** - Acute respiratory tract infections are usual and may lead to complications and tangle. Although these infections are self limiting, the symptoms can be distressing. Many treatments are used to control symptoms and shorten the duration of illness. **Aim:-** To evaluate the clinical verification of symptomatology of URTI in contact AIR expose. **Methodology:-** This was a Clinical study. Some cases were selected. Detailed case taking was done in especially designed case taking proforma. Cases were reviewed at the interval of 15 days using assessment scale Likelihood Ratio and data were recorded for minimum 6 follow-ups. The before treatment and after treatment symptom scores were compared applying appropriate statistical techniques paired t-test. **Results :-** It is observed that it is then concluded that the null hypothesis is rejected using the P.

## INTRODUCTION

The upper respiratory tract comprise the sinus, foreign body in nasal passages, inflammatory disorder of airway, infection, inhalation of environmental irritants such as tobacco smoke, dust, industrial stain. These structures are directly involvement in air. Infection of the special areas of the upper respiratory tract or lower respiratory tract can be name in particular. Ex. of these may comprise rhinitis or inflammation of the mucous membrane and sinus infection. Swelling and heaviness around the nose, suppurative lung disease, foreign body retained in bronchi, immune deficiency, lung abscess. Upper respiratory infections are one of the most regular factor for a medico visit with switch symptoms and indication ranging from nasal discharge, difficulty in deglutition cough, breathing difficulty, and lethargy.

Although URI can happen at any time, they are most usual in the weather of winter, from September until March. This may be explained because these are the usual school days when students and adolescents spend a lot of time in groups and inside closed doors. Furthermore, many viruses of upper respiratory infection thrive in the low humidity of the winter.

Yes, upper respiratory infections are infectious. They extend from person to person through respiratory droplets,

sneezing squirt, face-to-face make contact with. Human who have an upper respiratory tract illness can pass it to others from side to side:

This sprays microorganisms are extend into the atmosphere. Human being touches their nose, mouth or eyes, the illness enter their body easily. Sneezing spray, coughing with no cover their nose and mouth.

**Symptom of Upper Respiratory tract Infections :-** You might get symptom, including:

- Weakness and require energy.
- Red eyes.
- Runny nose.
- Painful gullet.
- Cough.
- Throat.
- Throaty voice.

Upper Respiratory infections typically last one to two weeks. Most of the time, they go away on their own. Over-the-counter pain medication can help you feel better. Make sure you drink plenty of fluids to stay hydrated.

If your symptom last longer than two weeks, talk to your healthcare contributor. You may have one more situation that is cause the symptom, such as pneumonia or bronchitis.

## OBJECTIVES

- To evaluate the clinical verification of symptomatology of Upper Respiratory Tract Infection
- To ascertain the utility of Likelihood ratio as assessment scale lung infection, thorat infection, sinus.

It is the aim of this summary to make simpler and commence method into this occupation, so that the homoeopathic therapy for Upper respiratory tract infection may be work out with better easiness and conviction. To accomplish this aim we would discover the part of Homoeopathy in management of Upper respiratory tract infection.

At first, we force discover out the whole of the symptom by the help of casing pleasing & in view of the fact that upper respiratory tract infection generally are sensitive type of cause. We will just query about the present sensation, modality, complaint, location & most possible cases of the patient. Then on the basic of this case take & consult materia medica we will choice a prescribe & similimum that similimum to that patient with potency.

There are some factors which hinder cure by obstructing the effect of properly prescribed medicine inspired by its suitable dose & proper repetition. Hence the physician should know how to

remove these obstacles in order to cure permanently.

Some Homoeopathic Drugs for upper respiratory Tract Infection:-

- Pulsatilla
- Dulcamar
- Hepar sulph
- Bryonia Alba
- Ars alb

## MATERIAL & METHODOLOGY

**Study Design & Setting :-** This was a Clinical study. The study was conducted at Sri Ganganagar Homoeopathic Medical College, Hospital and Research Institute, Sri Ganganagar, Rajasthan. Study duration was one year.

### Inclusion Criteria:-

- Diagnosed Patients of both sex and all age.
- Cases which were at that point analyzed and who are on some other treatment With (allopathic) were additionally taken into consideration

### Exclusion Criteria:-

- If tolerant is experiencing multi organ disappointment.
- Cases with other skin issues like psoriasis, contagious, disease and so on.
- Pregnant lady and lactating moms.

**Sample Size:-** Some cases were selected by using simple random sampling method.

**Intervention-**Homoeopathic medicine Graphitis.

**Assessment of Progress:-** Detailed case taking was done in especially designed case taking proforma. Cases were reviewed at the interval of 15 days using assessment scale Likelihood Ratio and data were recorded for minimum 6 follow ups.

The before treatment and after treatment symptom scores were compared results are due to chance and are not significant in terms of supporting the theory being investigated.

**Alternate Hypothesis (H1):-** As per alternate hypothesis there is a relationship between two variable being studied and results are not due to chance and that they are significant in terms of supporting the theory being investigated.

At level of significance.

**OBSERVATIONS & OUTCOME:-** The data obtained was recorded in especially designed case taking proforma, and sorted out in the form of different. Since it is observed that it is then concluded that the null hypothesis is rejected. Using the P-value approach.

**Discussion:-** In this study of some cases maximum cases were observed between 31-40 years of age. In study of some cases there was no. of male patients i.e. of cases & of that the null hypothesis is rejected. Using the P-value approach: The p-value

is  $p=0$ , and since, it is concluded that the null hypothesis is rejected.

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**How to Cite this Article** – Sharma J., Efficacy Of Homoeopathy Medicine In Upper Respiratory Tract Infection. TUJ. Homo & Medi. Sci. 2023;6(4):02-06.

**Conflict of Interest:** None

**Source of Support:** Nil



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